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| Date 09/01/2016 | Clinician | | Questionnaire | | Attachment |
| Notes : Years, female, married but seperated, 15 years of illness history. ist episode as mania at the age of 15 years and following that recurrent manic episodes. Most of the manic episodes prephased by depression episodes. 4-5 admisiions. Last episode of severe manic episode in 2014 which leads to admission. Mild episodes on last 3 months ago. F/H MI to brother maternal uncle and grand father committed suicide. Currently in remission state. T Sod Val 500 mg bd; Red T Quet 100 mg hs; r/v 1 week.  23/01/16: Stable; C/o decr sleep; Plan: Incr T Quet 125 mg hs; r/v 1 week.  30/01/16: Stable; Sleep disturbance; Plan: Incr T Quet 150 mg hs; r/v 2 wks.  13/02/16: Well; Plan: Red T Quet 100 mg hs; r/v 2 wks.  26/02/16: Well. Plan: Red T Quet 75 mg hs; r/v 4 wks.  19/03/16:Well; r/v 2 wks.  02/04/16: Well. Plan: Red T Quet 25 mg hs; r/v 4 wks.  07/05/16: Upsetrelated to family issue. Dull, stressed. IncrPlan: T Quet 25 mg bd;  21/05/16: Continue to be upset; Plan: Change T Quet 50 mg hs; Incr T Cital 30 mg hs; r/v 2 wks.  11/06/16: Well again. r/v 3 wks.  02/07/16: Well. C/o Incr sleep; Plan: Red T Quet 25 mg hs; r/v 1 week.  09/07/16: Tired. Plan: stop T Quet; r/v 1 mo.  03/09/16: Well. r/v 2 wks.  01/10/16: Well. c/o tiredness; Plan: Red T Cital 10 mg hs; r/v 2 mo. | | | | | |
| Diagnosis: Biopolar Affective Disorder  No: | | 3 Month Clinical Outcome | | Medication | |

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| Patient Number | 16 |
| Patient Forename | Vijayalakshmi |
| Patient Surname | N V |